Using Modern Technology in Cancer Patient Treatment at Bai Chay Hospital, Quang Ninh

Nguyen Trong Hung1, Dinh Tran Ngoc Huy2, Ninh Thi Nhung3, Tran Thi Tra Phuong4
1National Institute of Nutrition, Hanoi, Vietnam. E-mail: nguyentronghung9602@yahoo.com
2Banking University HCMC, Ho Chi Minh City Vietnam - International University of Japan, Japan. E-mail: dtnhuy2010@gmail.com
3Thai Binh University of Medical and Pharmacy, Thai Binh, Vietnam.

Abstract

At the Department of Functional Exploration (Bai Chay Hospital), the doctors and nurses have mastered the modern endoscopic ultrasound technique, which provides fast and accurate diagnosis of diseases of the digestive tract, gallbladder, pancreas, mucosal and extra-mucosal lesions of the gastrointestinal tract. Regularly invite leading experts in specialized fields to help the province both directly examine and treat people and train staff. As a result, provincial hospitals have implemented many new and high-tech techniques, successfully treating many severe and difficult diseases without having to transfer patients to higher levels, creating favorable conditions and reducing costs for patients. Our study shows that Bai Chay Hospital has continuously deployed and applied modern and specialized medical techniques and technologies in the fields of general surgery, cranial nerves, spine, oncology, etc., for effective treatment of pathologies.

Keywords: Bai Chay Hospital, Cancer Patient, Modern Scientific Technology, Smart Medical.

DOI: 10.47750/pnr.2022.13.S03.003

INTRODUCTION
Bai Chay Hospital in Quang Ninh province has been a pioneer in applying technology in medical services. Hospitals increase IT application, move towards paperless hospitals, and at the same time improve operating capacity and modernize by which has brought great achievements in professional work, especially in prevention and examination and treatment.

Hence we research on this topic “Using Modern technology in Cancer Patient Treatment at Bai chay hospital, Quang Ninh”. 

Research questions:
Question 1: Analyzing previous related studies?
Question 2: What are technology applications in medical treatment solution for cancer patients?

Next we analyze related studies in below table:

Table 1- Summary of previous studies

<table>
<thead>
<tr>
<th>Authors</th>
<th>Year</th>
<th>Content, results</th>
</tr>
</thead>
<tbody>
<tr>
<td>DTN Huy</td>
<td>2015</td>
<td>Risk management issued needed to discuss, confirmed by (TTB Hang et al, 2020; FTH Ha et al, 2019).</td>
</tr>
<tr>
<td>Charmsaz et al</td>
<td>2018</td>
<td>Conventional therapies for cancer such as chemotherapy and radiotherapy remain a mainstay in treatment, but in many cases a targeted approach is lacking, and patients can be vulnerable to drug resistance. In recent years, novel concepts have been emerging to improve the traditional therapeutic options in cancers with poor survival outcomes. New therapeutic strategies involving areas like energy metabolism and extracellular vesicles along with advances in immunotherapy and nanotechnology are driving the next generation of cancer treatments. The development of fields such as theranostics in nanomedicine is also opening new doors for targeted drug delivery and nano-imaging. Here we discuss the use of innovative technologies presented at the Irish Association for Cancer Research (IACR) Annual Meeting, highlighting examples of where new approaches may lead to promising new treatment options for a range of cancer types.</td>
</tr>
<tr>
<td>Maas et al</td>
<td>2016</td>
<td>The ability to isolate, characterise, and functionally phenotype nanometer-scale extracellular vesicles is opening up new possibilities for the therapeutic and diagnostic use of these intercellular RNA, DNA, and protein carriers.</td>
</tr>
<tr>
<td>Shi et al</td>
<td>2017</td>
<td>Nanomedicine is harnessing the power of nanotechnology to improve drug delivery, pharmaceutical properties, imaging, and diagnosis, establishing the area of theranostics.</td>
</tr>
<tr>
<td>Ahlbrandt et al</td>
<td>2020</td>
<td>deal with gathering and analyzing genomic information, where cloud computing, uncertainties and reproducibility challenge researchers. Also, new sources for additional phenotypical data are shown in patient-reported outcome and machine learning in imaging. Last, they focus on therapy assistance, introducing tools used in molecular tumor boards and techniques for computer-assisted surgery. They conclude with an outlook towards a learning health care system in oncology, which connects bench and bedside by employing modern IT solutions.</td>
</tr>
<tr>
<td>HT Hah et al</td>
<td>2020</td>
<td>FDI investment in such fields accounted</td>
</tr>
<tr>
<td>Vu Thanh</td>
<td>2021</td>
<td>We can offer patients with treatment solutions at home.</td>
</tr>
</tbody>
</table>
Then, DTN Huy (2012) paid attention to risk management in such activities and confirmed by (PM Dat et al, 2020; TTH Ha et al, 2019). And Le, K., & Nguyen, M (2020) says it shown meanings in education. While NTT Phuong, DTN Huy, PV Tuan (2020) said banks should involve, this confirmed by (DTN Huy et al, 2021; Hac LD et al, 2021; DTN Huy & NT Hang, 2021).

**SUBJECT AND METHODOLOGY**

- **Study Design:** A cross-sectional descriptive study.
- **Research subjects:** Patients diagnosed with liver cancer are being treated at Cancer Center – Bai Chay Hospital - Quang Ninh province.
- **Research period:** from June 2019 to May 2020.

Data will be from real cases of Vietnam hospitals such as Bai Chay hospital in Quang Ninh, from their achievements over years in cancer treatrament and recent investmets, and method will be mainly qualitative analysis and inductive, explanatory and synthesis method used.

**RESEARCH RESULTS**

1. Cancer patient treatment

Up to now, Patients with cancer may seek a variety of treatment options, including systemic therapy (chemotherapy, targeted therapy or immunotherapy, etc.), radiation therapy, and surgery. As for chemotherapy, this is a method of killing cancer cells with the use of one or more anti-cancer drugs. This therapy can be used in combination with other cancer treatments to achieve the best results. Chemotherapy has the potential to help patients cure or reduce cancer, improve quality of life and prolong life.

In chemotherapy, anti-cancer drugs are used to destroy the rapidly growing and dividing malignant cells in the patient's body. However, due to the limitation of this therapy is the simultaneous effect on both cancer cells and healthy cells throughout the body, so it can bring many unwanted side effects to the patient.

Usually, chemotherapy in cancer treatment can be given in many different forms, the most common are the following 2 types:

- Oral route;
- Intravenous injection or infusion.

There are also a number of other ways to deliver chemotherapy to a patient, including:

- Inject chemotherapy directly into the tumor: This technique will be administered based on the location of the tumor.
- Topical Treatment: Apply directly under the skin to treat some skin cancers.

On the other hand, Radiation therapy is one of the methods to treat cancer by using high-energy beams to target tumors to help destroy and limit the growth of cancer cells.

Radiation therapy can be used alone in treatment or in combination with other methods such as surgery, chemotherapy...

A simulated CT scan in the treatment position is a scan of the part of the patient's body that will be treated with radiation on a CT scanner in the position that will be used to treat the patient's radiation. The purpose of this stage is to provide an accurate three-dimensional image of the patient's body being treated so that doctors and specialists can establish 3D images on the treatment planning system.

![Medical equipment used in this process](https://vinmec.vn)

*Fig 1 - Medical equipment used in this process* (Source: vinmec.vn, access date 22/8/2022)

2. Using modern technology for Cancer patient treatment

We will refer to a case at Bai Chay hospital in Quang Ninh province.

First is using Smart medical model.

Pioneering the implementation of the project to build a smart hospital, Bai Chay Hospital applies smart medical examination cards with the goal of improving and shortening the medical examination and treatment process, providing high quality medical services, guiding to patient satisfaction.

Bai Chay Hospital has continuously deployed and applied modern and specialized medical techniques and technologies in the fields of general surgery, cranial nerves, spine, oncology, etc., for effective treatment of pathologies, improve the quality of medical examination and treatment services, actively contribute to the socio-economic development of Quang Ninh province. Therefore we emphasizes roles of construction also (DTN Huy, 2012).

From 2018 to now, it is a period of strong "breakthrough" development in the medical examination and treatment of Bai Chay Hospital. The hospital has implemented many cutting-edge techniques in the fields of surgery, oncology, successfully applied minimally invasive treatment methods for serious patients such as surgery for herniated disc through...
the lateral route, evaporating prostate tumors by laser, percutaneous biliary lithotripsy, burning liver tumors, thyroid tumors by microwave technology...

Application of Navigation system, operating room CT, 3D microsurgery in cranial and spinal neurosurgery

Currently, endoscopic or endoscopic surgical methods for craniocerebral and spinal nerve diseases bring many advantages such as less invasiveness, and fewer pre- and post-operative complications compared to other surgical procedures. classics in the past, but the scope of application is still limited in Vietnam. Meanwhile, the majority of cranial and spinal surgeries still apply open surgery, there are still many challenges in damage control and complications during and after surgery.

Pioneering in developing the field of cranial and spinal neurosurgery, Bai Chay Hospital was invested in a smart operating room system with an investment of VND 50 billion from the budget of the Smart Hospital Construction Project. Right after receiving and launching the leading modern smart operating room system in Quang Ninh province from 2018, Bai Chay Hospital has applied the smart operating room system combined with the current Navigation and CT navigation system, modern in cranial and spinal neurosurgery such as percutaneous screw surgery; spine surgery, disc removal and intervertebral bone grafting; brain tumor surgery...

(Source: benhvienbaichay.vn, access date 21/8/2022)

![Fig 2 - Quang Ninh invested Modern equipment for medical](Source: internet)

**CONCLUSION**

Up to now, Bai Chay Hospital in Quang Ninh province has invested many modern medical equipment for their operation and cancer patient treatment. At the Department of Functional Exploration (Bai Chay Hospital), the doctors and nurses have mastered the modern endoscopic ultrasound technique, which provides fast and accurate diagnosis of diseases of the digestive tract, gallbladder, pancreas, mucosal and extramucosal lesions of the gastrointestinal tract. Especially, through the implementation of endoscopic ultrasound technique, it has helped doctors diagnose and detect early-stage cancer in the gastrointestinal tract when the tumor is still in the mucosa (this is of great significance in the treatment of cancer). treated with a cure rate of 98-100%) or small tumors located deep in the abdomen with minimal invasiveness.

Last but not least, Krist et al (2016) pointed Increasing patients’ engagement in their treatment can improve their experience and outcome. It can also yield valuable data for cancer research.

![Fig 3: Doctors at Quang Ninh hospital](Source: internet)

**RESEARCH LIMITATION**

Authors can expand study for women cancer treatment solutions.

**ACKNOWLEDGEMENT**

Thank you editors, brothers and friends to assist this publishing.

**CONFLICTS OF INTEREST**

There is no conflict of interest.

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DOI:10.5737/1181912x2428994


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