

# NEW INSIGHTS INTO THE PROSTHETIC VALVE FOR CARDIOVASCULAR TREATMENT: CHALLENGES & FUTURE TRENDS

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## Abstract

**Background:** The development of prosthetic valves for the treatment of cardiovascular conditions has transformed medicine and given patients with valvular heart disease effective treatment options.

**Purpose of the study:** This article will examine the existing problems with prosthetic valves, including thrombosis, calcification, and infection brought on by the device.

**Problem statement:** Despite their success, prosthetic valves continue to pose a number of problems, and in order to further increase their efficacy and safety, future trends need to be recognized.

**Method materials :** The current study would be completed with the help of the Secondary data collection method to collect data to complete the study with the extracted data. Then the gathered at is analysed with the qualitative data analysis method.

**Major findings:** This article will examine the existing problems with prosthetic valves, including thrombosis, calcification, and infection brought on by the device, as well as upcoming trends, including the creation of new materials, new designs, and enhanced imaging techniques.

**Novelty:** It is intended that this review will assist readers to gain a better grasp of the present and emerging developments in prosthetic valve technology and point out relevant directions for further study.

**Keywords:** Prosthetic valve, cardiovascular therapy, Implantation, Biomaterials, computational modelling, Disease management.

## 1. Introduction

The creation of prosthetic valves is a critical first step in the development of effective therapies for cardiovascular disorders, which are among the major causes of death in the world. Cardiovascular illnesses like aortic stenosis, mitral regurgitation, and tricuspid regurgitation are frequently treated using prosthetic valves. These valves are made to replace or enhance the patient's natural valve and are often composed of sturdy materials like metal, ceramic, and polymers. Prosthetic valves can also be utilized to lessen the chance of consequences from

cardiovascular disease. Nevertheless, there are still a number of difficulties and restrictions related to these procedures, despite the accessibility and efficacy of prosthetic valves. The issues of today and emerging trends in the use of prosthetic valves to treat cardiovascular illnesses will be covered in this essay.

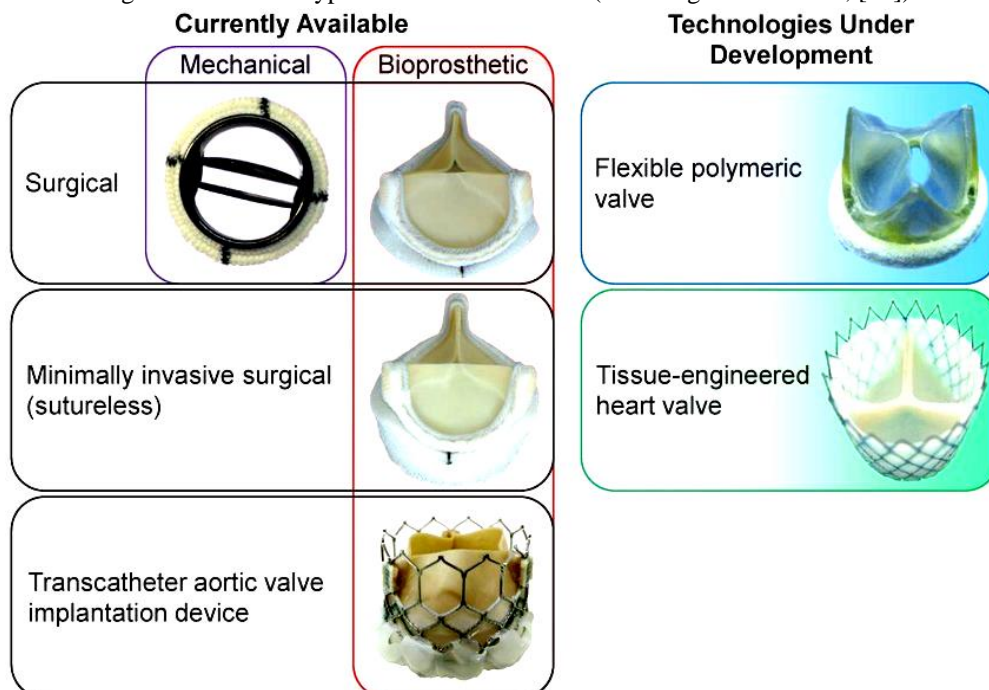
## 2. Prosthetic Valve for Cardiovascular Treatment:

### 2.1. Overview

A variety of cardiovascular problems are increasingly being treated with prosthetic valves. They offer a reliable and secure substitute for conventional therapies like open cardiac surgery. Before prosthetic valves may become the standard of care for cardiovascular treatment, there are still a few issues that must be resolved. The problems and emerging trends for prosthetic valves in cardiovascular treatment will be covered in this essay [30]. An efficient and secure replacement for conventional treatments for cardiovascular problems is a prosthetic valve. Before prosthetic valves may become the standard of care for cardiovascular treatment, there are still a few issues that must be resolved.

Researchers can ensure that prosthetic valves are utilized more frequently as a treatment for cardiovascular problems by resolving these issues. The prosthetic valve is directly connected to the valves of the heart [5]. Prosthetic hard valves are developed with a design to replicate the various operations of native valves with the maintenance of unidirectional blood flow. Even it can be separated into mainly two broad categories. These are mechanical and bioprosthetic valves. The main focus of the artificially placed valves or prosthetic verbs is to make the valve function like a native one with the terms of hemodynamics and reduce different side effects like low thrombogenicity. Dance of long JBT by prosthetic valves used to stay long and operational compared to the mechanical valves.

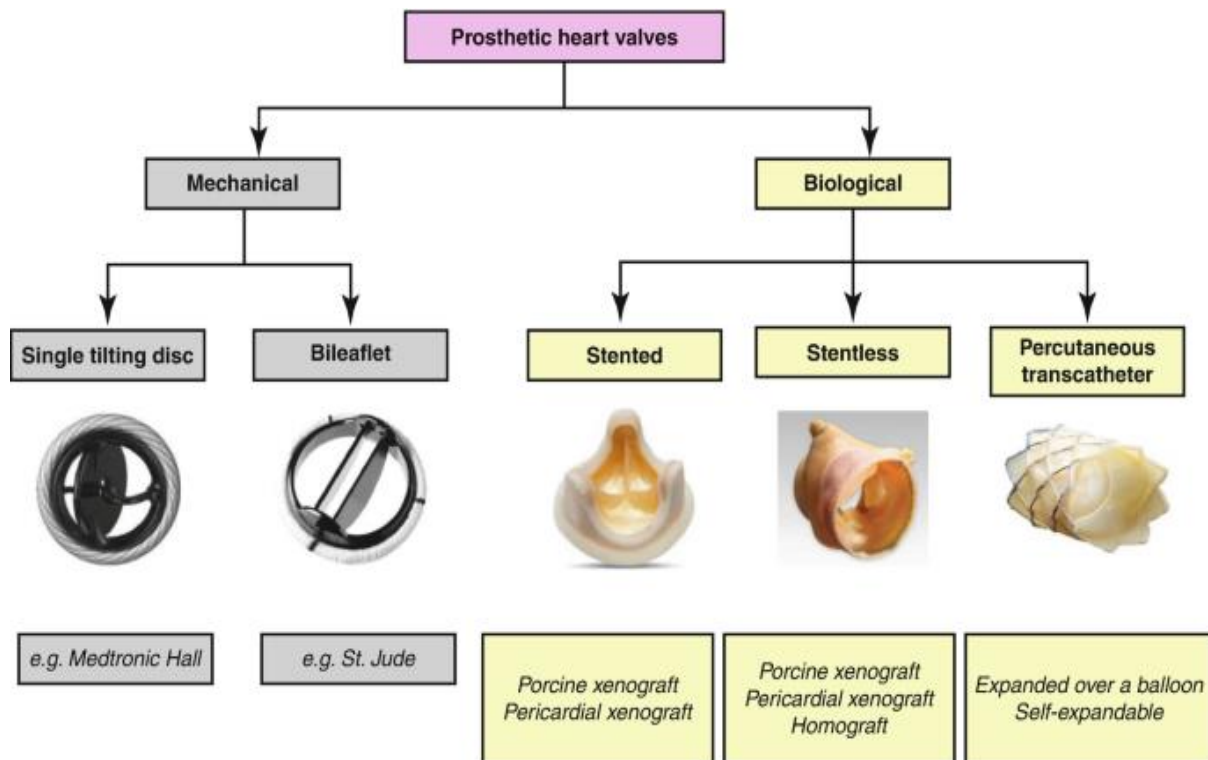
Figure 1: Different types of Prosthetic Valves (Ranasinghe et al. 2019, [21])



## 2.2. Types of Prosthetic Valves

The ideal prosthetic valve should properly substitute the characteristics of the normal native valve. It should have excellent quality hemodynamic long durability high thrombo resistance and excellent capacity for implantation [21]. However, all these mentioned characteristics are not available with the substitute prosthetic valves discovered till now. Every prosthetic valve has certain limitations. The prosthetic valves belong to different types like mechanical valves, and bio prosthetic valves. Additionally, both these types of prosthetic valves have three subtypes available in the optimal prosthesis of individual patients. The three subtypes of mechanical valves are caged ball valves, mono leaflet valves and Bileaflet valves [29]. On the other hand, the three subtypes of bio prosthetic valves are stented bio prosthesis, stent less bio prosthesis and percutaneous bio prosthetics.

Figure 2: Elemental variations of Prosthetic Valves (Quitéria 2021, [6])



In terms of different complications or situations of native valves in every individual patient, these subtypes of prosthetic valves are effectively working to not only give more options to the surgeons but also to understand the different possible characteristics of these bio-discovered elements.

### 2.3. Challenges

As the prosthetic valves and their implementation by replacing the native valves of a heart is a very complex process even these types of surgical operations might cause life risks for the patient. Extreme critical care is highly needed in this type of complex operation. Hence, prosthetic valves are deeply connected with different types that need to be countered by medical experts. In Europe, almost 13 million people are diagnosed with heart diseases related to their valves every year and this count increases to 100 million on a worldwide basis [22]. The deterioration of native heart valves is very difficult to identify and then treat with medications. It is because the medication cannot revert back the problem effectively. Hence, valve replacement becomes the only option when Valvoplasty is not possible to apply with the patient.

Table 1: Different challenges of Prosthetic Valves

Challenge	Future Trend
Valve durability	Valve materials with improved durability
Valve thrombogenicity	Valve coatings to reduce thrombogenicity
Valve hemodynamics	Valve design to improve hemodynamics
Valve size	Miniaturized valves to fit smaller vessels

The danger of thrombosis is one of the main issues with prosthetic valve therapy. The development of blood clots on the surface of the valve is known as thrombosis, and it can result in obstructions and a reduction in blood flow. With mechanical valves, this is a particularly problematic problem because the presence of clots can greatly diminish the valve's efficiency [6]. Additionally, people with certain cardiovascular diseases, such as atria fibrillation, have an increased chance of developing thrombosis.

The possibility of valve dysfunction presents another difficulty for prosthetic valve therapy. This can happen for a number of reasons, such as inappropriate valve implantation, poor valve location, and improper valve sizing. Regurgitation and stenosis are only a couple of the consequences that might result from valve malfunction [28]. Additionally, thrombosis risk can be raised by valve malfunction. The lifespan of the valve is the final factor limiting prosthetic valve therapy. This is especially true for mechanical valves since they often need to be replaced more frequently than tissue valves. As a result, individuals might need to have several procedures during their lifespan to replace the valve.

- i. It is difficult to implant prosthetic valves in the cardiovascular system. The surgeon must be able to strike the ideal balance between bleeding danger and thrombosis risk.
- ii. Prosthetic valves are vulnerable to thrombosis and calcification, which can ultimately result in valve dysfunction.
- iii. Prosthetic valve function must be continuously monitored in order to identify any early warning signals of deterioration and modify the patient's care as appropriate.
- iv. To lessen the need for future intervention, prosthetic valve durability must be improved.
- v. Due to the difficulty of the process and the potential for problems, choosing the right patient for the implantation of a prosthetic valve can be difficult [4].
- vi. Creating prosthetic valves that are more long-lasting and biocompatible in order to prevent future interventions.

- vii. By taking into consideration specific risk factors, the procedure of choosing patients who can have prosthetic valves implanted is improved.
- viii. Making use of cutting-edge methods like 3D printing and pre-implantation imaging to increase the precision of prosthetic valve implantation.
- ix. Improving the precision of identifying and tracking prosthetic valve operation using artificial intelligence and machine learning.
- x. Investigating cutting-edge techniques including cell-based therapy and tissue engineering to create more organic and biocompatible prosthetic valves.

### **2.3.1. Surgical Risks**

Already earlier mentioned that prosthetic valve replacement is a complex process. The replacement surgical operation is a time-consuming and stepwise process which might be connected with a lifetime risk to the patient due to a single mistake [23]. In the surgical process, there are different risks attached to it like bleeding, blood clots, infection, pneumonia, pancreatitis problems in breathing etc. These problems can be countered by any normal human being with the immunity level or with the help of various medications but a patient who has gone through these complex surgical operations of valve replacement does not belong to that level of immunity in the body to counter these problems.

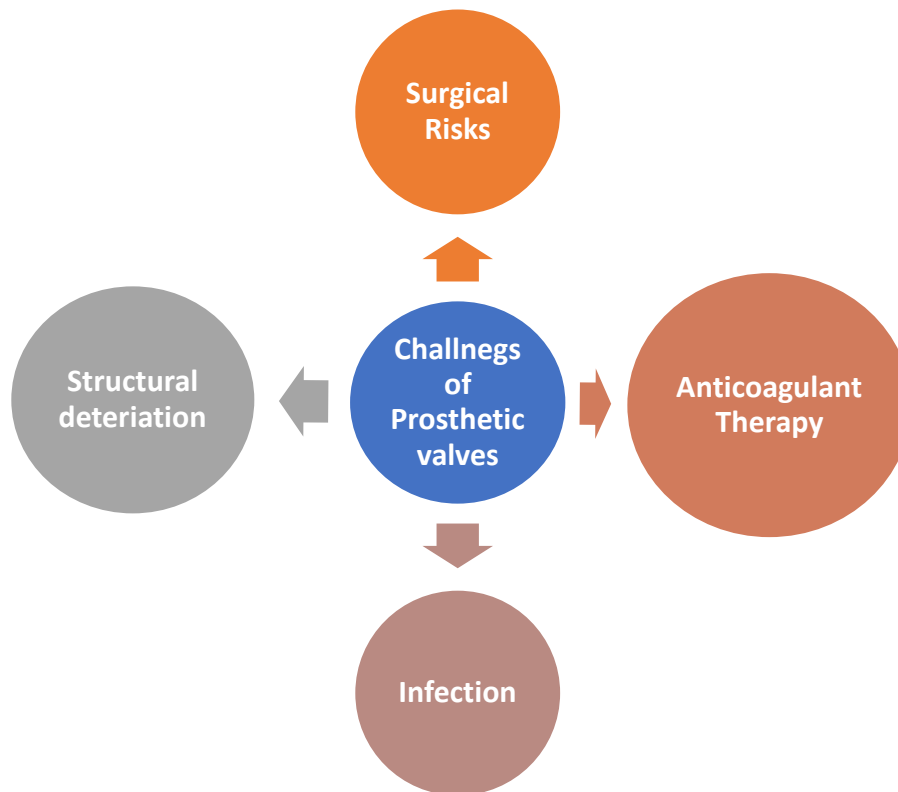
Apart from these aspects, surgical risks are extremely crucial for the entire medical system. Valve replacement surgery is one of the growing surgical operations all over the world [7]. Even due to increasing cases of valve failure, the medical field is seeking ideal solutions to counter these risks and to enhance the success ratio of the surgical operation so that most cardio patients can get back their life with full force.

### **2.3.2. Anticoagulant Therapy**

As the valve replacement surgery affects different arteries of the heart. Most of the cases are found with different types of blood clotting in different parts of the arteries or other blood circulation system. Even while the valve replacement surgery occurs in a human body most of the blood clots are due to direct contact with air [27]. In the circumstances, anticoagulants are one type of medicines that are very helpful to prevent blood clots. These medicines are provided to people with the high risk of getting clots and also to reduce the chances of developing serious conditions like strokes and heart attacks. The blood clot is a particular type of seal which is created by the blood to stop bleeding from a wound. The anticoagulant medicines are like vitamin K antagonists, oral anticoagulants and low molecular weight heparins.

These drugs are particularly designed to stop the blood clotting made by the body so that consistent blood flowing might keep on pumping blood in the heart and the valves of the heart become active [26]. The most important part is anticoagulant drugs does not affect any other type of infections except in certain individual conditions.

Figure 3: Different utility challenges of Prosthetic Valves



### 2.3.3. Infection

Infection is one of the most common and important side effect occurs due to implementation of prosthetic valve. Infections mainly occurred due to attack of different bacteriors algae's or viruses [3]. As the valve replacement surgery is filled with different complications and can be harmful for the patient due to long time contact of the internal organs with air or foreign particles. In many cases, the element of the prosthetic valve does not suit the patient or the characteristic of the body of the patient. Even due to sudden introduction of the body with different types of drugs related to the surgery process also occurs different types of infections with the elements of those drugs.

However in order to reduce these infections or infectious elements included in the surgery most of the medications related to the surgery are now done with comparing the type and inner composition of the drug with the suitability of the patient [24]. In many cases infection get spread use level so that the surgical operation gets delayed by the medical experts and only after the recovery of the patient it gets resumed.

## 3. Future Trends

Prosthetic valves for cardiovascular treatment have a bright future because of new technological developments that will increase their effectiveness and efficiency for patient care. In the upcoming years, the development of prosthetic valves is likely to be influenced by a few important themes.

In order to increase the longevity of prosthetic valves, new materials that are tougher and more long-lasting must first be developed. This might entail the use of cutting-edge polymers and composites that are lightweight and simple to use while being able to survive the harsh environment of the human body.

Second, it will be crucial to use materials that are biocompatible to the human body. This might entail the application of biopolymers and nanomaterials that can interact with the body in a secure and efficient way. The

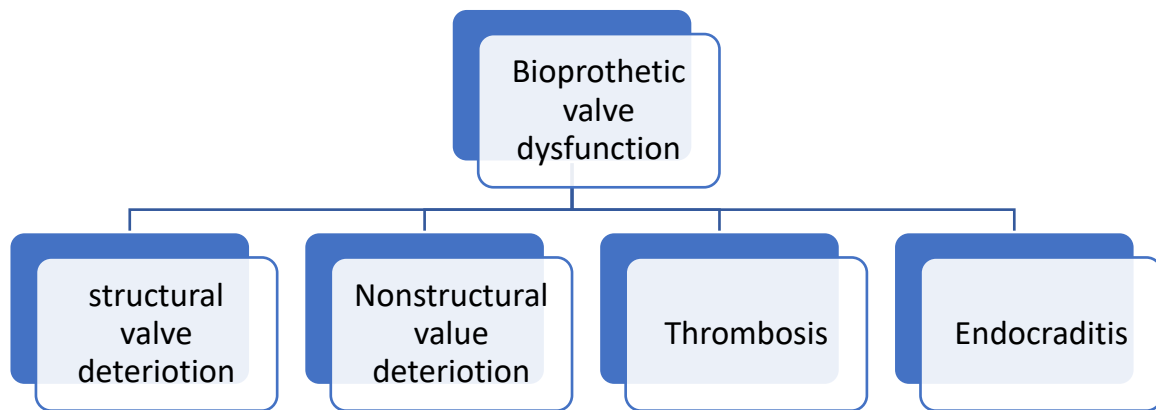
development of 3D printing technology may also make it possible to create unique prosthetic valves for different patients.

Thirdly, it will be crucial to apply machine learning and artificial intelligence to increase the precision and effectiveness of valve implantation [11]. This might involve applying AI-driven image analysis to increase the precision of valve placement as well as using automated decision-making tools to choose the best valve.

Finally, it will be crucial to create the least invasive insertion methods. In order to make the implantation procedure as simple and secure as possible, this can entail the employment of robotics and cutting-edge imaging methods.

With a number of developments that will increase their efficacy, efficiency, and patient safety, the future of prosthetic valves for cardiovascular treatment appears to be quite bright. Prosthetic valves could become a lot more widely available and effective treatment in the future with the correct investments and research.

Figure 4: Bioprothetic valve dysfunction



With a number of cutting-edge technologies and treatments on the horizon, the prosthetic valve for cardiovascular treatment has a bright future. Surgeons and cardiologists are figuring out innovative methods to use artificial valves to enhance patient outcomes as medical technology advances [19]. Surgeons are now able to make more precise diagnoses and more precisely customize treatments for individual patients thanks to the use of minimally invasive procedures and the development of improved imaging tools. Furthermore, improvements in biomaterials and 3D printing technology have made it possible to mass-produce custom prosthetic valves, increasing their availability and affordability.

Additionally, the development of tissue-based bioprothetic valves has the potential to lower the risk of thrombosis because they are constructed of tissue rather than metal. The advancement of tissue engineering technology promises to transform the production of prosthetic valves and enable more patient-specific solutions. Prosthetic valves will improve and specialize more in the future, providing more effective and efficient treatment choices for a variety of cardiovascular problems.

### 3.1. Technological upgradation

The prosthetic valve for cardiovascular treatment is likely to witness a lot of technological and material advancements in the future. New materials and designs will become available as technology advances, enabling increased cost-effectiveness, biocompatibility, and durability [12]. The use of sophisticated designs and higher personalization will be made possible by new technologies like 3D printing and metal additive fabrication. The adoption of low-profile valves could increase, enabling less intrusive treatments and better patient outcomes. Additionally, the application of machine learning and artificial intelligence will enable more precise and individualized treatments. These developments will lower the price and complexity of cardiovascular medicines, improving access to care for a larger variety of patients.

Table 2: Bio prosthetic valve dysfunction

Trend	Description
Patient Compliance	Patient compliance with the prosthetic valve can be a challenge, as it requires frequent checkups and medical follow-ups.
Thrombosis	Prosthetic valve thrombosis is a serious complication that can result in valve dysfunction.
Durability	Prosthetic valves may not be as durable as biological valves and may need to be replaced more frequently.

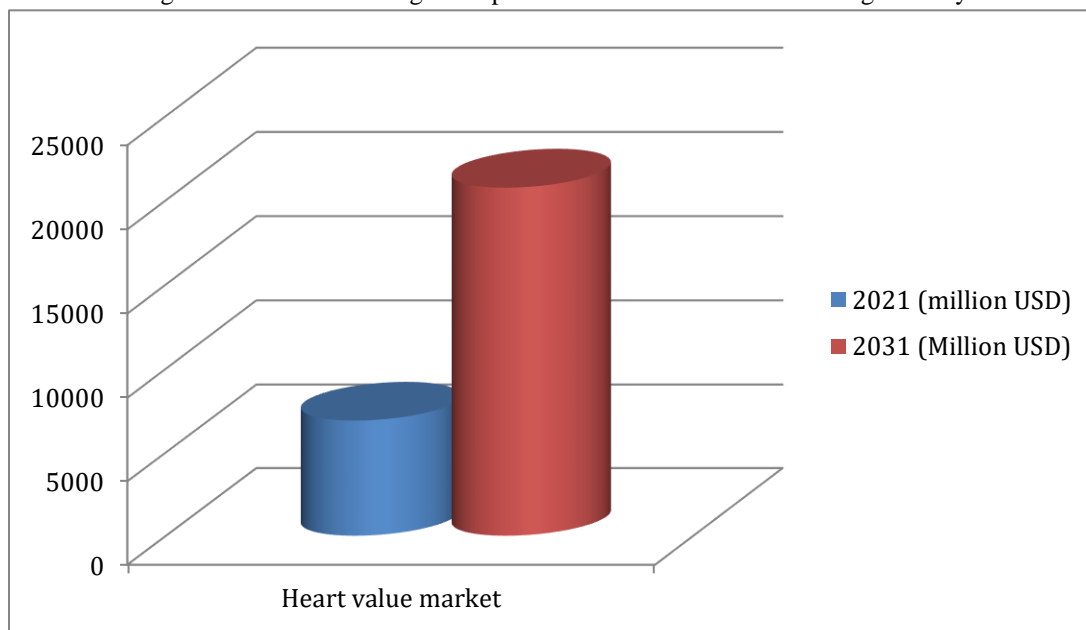
As the prosthetic fall replacement surgery is one of the most innovative and advanced type of surgical operation to prevent the life loss of billions operations suffering from heart ailments due to rising prevalence of valvular disorders like as organic and functional problems of different parts of the heart the overall demand of the prosthetic valves is projected to increase at a prolific CAGR of 11.4% between the period of 2022 to 2032. If it gets a total then the value is approximately 36.3 billion US dollars by 2032 [18].

Despite the difficulties connected with prosthetic valve therapies, there are some new developments that could completely change how these procedures are applied. The creation of bioprosthetic valves is one of the most promising trends. These valves, which can be created from human or animal tissue, are intended to mimic the structure and operation of a patient's natural valve. Bio prosthetic valves, in contrast to mechanical valves, do not need to be replaced frequently and can offer patients long-term options.

### 3.2. Developing New Types of Prosthetic Valves

As early and mentioned those prosthetic valves are belong to different types and their utility is implemented in different types of cases of valve replacement. Hence due to increasing demand of prosthetic valves in different types of heart related issues the innovative discoveries of different new elements by which the prosodic valves are going to be developed [13]. Transcatheter aortic valve replacement is a very minimal invasive procedure to replace a narrow aortic valve that fails to open properly.. This is one of the most innovating process of replacement being successfully used by different surgeons in the process of valv replacement surgery.

Figure 5: Future revenue growth possibilities of valve manufacturing industry



### 3.3. Improving Comfort and Durability

Durability of different types of prosthetic valves are different especially bioprosthetic bulbs have a limited lifespan, hence the bio prosthetic valve needs to identify the age of the patient so that the accurate calculation of changing the valve or if the patient is of a high age then the possibility of finishing the lifespan of the world and the expected lifetime of the patient are also comparatively measured [17]. In order for prosthetic valves to be successful, patients must find them to be comfortable. Researchers are looking into materials and ideas that can enhance the patient experience in order to assure patient comfort.

Hence, most of the prosthetic valve developing experts is trying to improve the comfort and durability of the prosthetic valve so that it can be implemented in a body for a single time and keeps going for the whole life of that patient. Even comfort is the main aspect about the valve to stay with the heart and work properly according to the functioning of the heart [9]. More comfortable and durable prosthetic valves might operate like a real native valve of a real heart and the patient who is carrying that foreign particle inside the heart would not feel any discomfort regarding the blood circulation or any other aspect related to the heart.

Due to wear and tear, prosthetic valves must be replaced frequently, increasing expenses and patient hazards. Researchers are creating more robust and long-lasting designs to lessen the need for valve replacement [14]. For a safe and successful outcome, prosthetic valves must be compatible with the anatomy of the patient. To do this, scientists are looking into materials and patterns that can change to fit various anatomical traits.

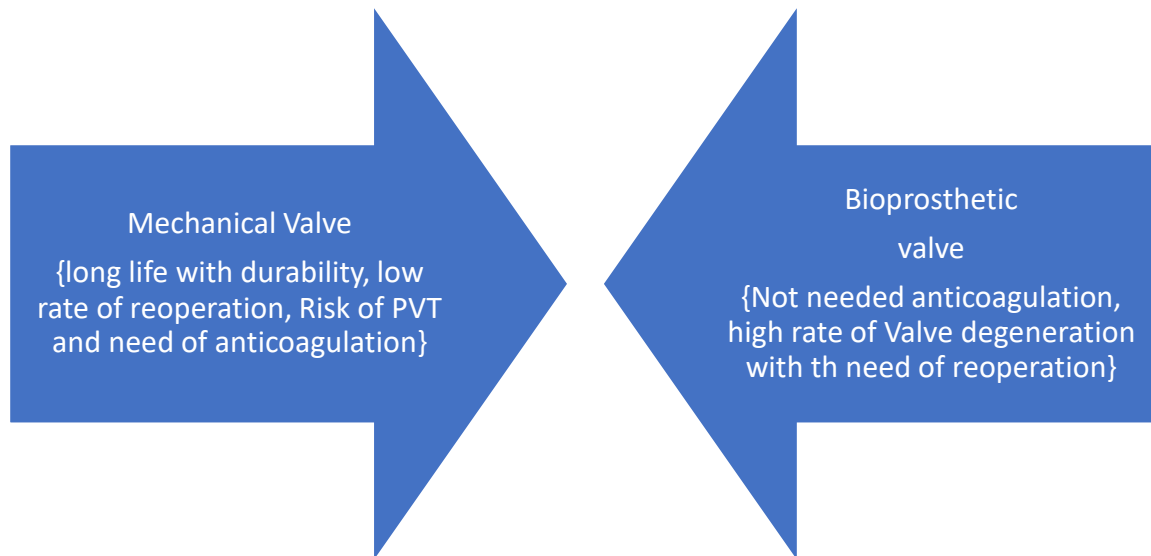
### 3.4. Improved Surgical Techniques

Due to consistent improvements of the prosthetic valve replacement surgery the approaches of the surgery process are also getting improved gradually [16]. There are different types of prosthetic valves available and effectively getting implemented in the patients. Consequently the surgical techniques of this implementation of the prosthetic valves are also not same in all the cases. Now as artificial intelligence, machine learning and internet of things are gradually getting involved in every complex matter. Even the inclusion of these advanced technology are solving different complex situations very effectively. Hands the prosthetic valve replacement surgery is also getting linked with these advance technology so that the human errors are the lack of calculation and implementation process does not heart the success rate of the operation, because these types of crucial in surgery is extremely impact full on a life of a human.

### 3.5. Automation and Robotics in Surgery

As earlier mentioned about inclusion of different advance technology in the surgery process of prosthetic valve replacement, the current automation and robotics technology is also getting involved gradually. Along with the improved capacity of artificial intelligence and the machine learning the hands to operate the surgery are also now getting automated with the inclusion of robotics. Robotic technology is completely dependent on the commands of the master computer to act on it [15].

Figure 6: contradiction of Mechanical and Bio prosthetic valves



In the circumstances the collaboration of giving accurate comments by the artificial intelligence and then following those commands by machine learning technology and implement it in the robotics and its different hands to at completely according to the main command provided by the AI. This inclusion of advanced technology and advance mechanism makes the possible ratio of human error to 0. Consequently, the success rate of prosthetic valve replacement surgery is also increasing rapidly and more patients are getting back there life with the addition of prosthetic valves in their hearts.

### 3.6. Price

The price of prosthetic valves continues to be a significant obstacle to their widespread adoption [1]. Researchers are looking into new materials and designs that can minimize production costs to lower the cost of prosthetic valves.

### 3.7. Infection Risk

Because there is foreign material in the body, prosthetic valves can raise the risk of infection. Researchers are creating materials and designs that can minimize the possibility of infection to lower this risk.

### 3.8. Biocompatibility

In order to function properly, prosthetic valves must be compatible with the body's immune system [20]. Researchers are looking into components and patterns that can lower the likelihood of an immunological reaction.

## 4. Conclusion

After going through the entire study, it can be concluded with the jeans top complete cardiovascular treatment with the help of different prosthetic valves getting developed by several advanced technology of the medical field full stop the current study has provided crucial information regarding the prosthetic valves and its elements and development process. Along with it has also provided the most important part of implementation in the human body which is the main factor about successful operation of the prosthetic valves. The study has also discussed the different types of challenges regarding not only the development of the prostitute valves petal so they are limitations and effect on the human body on which it is supposed to be implanted. The current study might be extremely helpful for various researchers who are also researching on the same topic and the available information in the study might help the leader to completely understand the different phases of developing prosthetic valves and its ideal implementation in the human body.

## 5. Recommendations

As the current study primarily focuses on the positive aspects of the prosthetic valves effectively used in the different types of cardio vascular treatments. As the types of the prosthetic valves can be used in different types of problems solving aspects of the heart treatment, the entire medical field is working very hard to innovate the design of the prosthetic valves [25]. After going through the study then it can be recommended that the continuous upgradation and development of the prosthetic valves can be more effective with the attachment of the technology and the automated technology. Even the current artificial brain of the technology might be beneficial to not repeat any errors which have occurred in the past.

Even the current literature available regarding the development of the prosthetic valve and its implementation might not be completely beneficial in terms of the attachment with advanced technology. Hence certain technological experts should be collaborated to find out the best combination with technology so that the human error percentage might decrease to 0.

## 6. Future scope

In near future the majority of the medial sector regarding the cardiovascular treatment with the help of the prosthetic valves is going to be more useful among the medial field. The current study has already showed the potential of the prosthetic valves and its future possibilities. The best part is the collaboration with the technology and Robotics, so that the entire process of implementation of the prosthetic valve might get automated with the help of the Artificial intelligence [2]. Very soon the entire process is going to be completely automated, then the medial experts would only have to monitor te entire process or have to instruct the robotic s arms to act accordingly and thus the human error might get decreased.

As earlier mentioned about the possible growth of demand of the Prosthetic valves till 2032, the majority of the developing companies might show interest to invest in the segment so the fulfilling of the demands might be completed within time. Hence the business opportunity in the manufacturing sector with the prosthetic valve manufacturing is also very high.

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